



Berryessa Community Center

3050 Berryessa Rd., San José 95132

Phone: 408-251-6392

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Supervisor: Jane Hemeon

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Bus Line: 64

Types of Programs: Adapted recreation, fee classes, rentals, senior programs, senior nutrition, youth programs and special events.

ARTS AND CRAFTS

Aromatherapy Techniques – New \$32

Learn how to make your own beautiful scented aromatherapy products and keepsakes using products from Nature. It's an easy and fun way to learn how to make the same specialty expensive aromatherapy products available at retail stores at a fraction of the cost. A list of required supplies will be sent out prior to first class meeting.

Instructor: Nicole Austin

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.100	T	2/21-3/7	6:30-7:30pm	16+	3	BR

"Mommy and Me" Art Time – New \$68

Share creative moments with your toddler as we make unique art works. Your child will enjoy letting loose in a creative environment and you will learn to explore your own creativity as well. An adult must accompany registered child to class. Daddies welcome too!

No Class 2/20

Instructor: Nicole Austin

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.101	M	1/23-3/20	9:30-10:15am	2-3	8	PORT
212.3.102	M	1/23-3/20	10:30-11:15am	2-3	8	PORT
212.3.103	W	1/25-3/15	9:30-10:15am	3-4	8	PORT
212.3.104	W	1/25-3/15	10:30-11:15am	3-4	8	PORT

Soap Making – New \$34

Create beautiful, hand made soap for your home or give as unique gifts. Perfect decorating touch or gift for the holidays! Creating Soap is simple and fun to make, some materials will be provided by the Instructor. A list of required supplies will be sent out prior to first class meeting.

Instructor: Nicole Austin

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.105	T	1/24-2/14	6:30-7:30pm	16+	4	BR

Art at the Park – New \$38

Come and play, create art projects, and make new friends! Join us for a fun-filled hour of art, crafts, music, and movement. Each class ends with circle time activities. Food is provided for any cooking project.

Instructor: Viet Tran

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.106	Sa	1/21-2/11	11am-1pm	6-12	4	PORT

Bold and Fun Painting! – New \$48

Expand your artistic potential! Students will stretch their creativity as they learn to work with different Art techniques. All skill levels (beginning to advanced), all mediums (watercolor, acrylic, oil, mixed media) will be taught, and students will be encouraged to have a lot of fun and create unique paintings! A supply list of materials needed for the session will be sent prior to first class meeting. Your supplies will be used during the first class meeting so come prepared to create! See previous students' artwork on instructors website www.cousette-copelandcreativearts.com

Instructor: Cousette Copeland

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.107	T	1/17-2/21	6:30-8pm	13+	6	BR

Color Swirls – New \$58

This fun educational class will offer children the opportunity to learn about color mixing, color techniques and combinations. They will learn the importance of the use of color and how to add great interest and impact to their future drawings and paintings. Children will have fun learning about different mediums that are used from Nature to create color and learn how natural objects are still used today to create beautiful colorful objects throughout the world.

No Class 2/18

Instructor: Viet Tran

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.108	Sa	1/21-3/18	11:15am-12:15pm	8-12	8	PORT

Cool Cartoon Drawing 1 – New \$48

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, painting, and story telling. They will learn to write, draw, paint and self-publish their own comic books. Children will have fun expanding their imagination. This class will require additional basic supplies to be purchased by the student after the first class meeting.

No Class 2/18

Instructor: Viet Tran

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.109	Sa	1/21-3/18	12:30-1:30pm	8-12	8	PORT

Creative Masterpieces – New \$42

Students will learn to draw using a variety of fun media: crayons, pastels, pencils, ink, etc. Basic design, figurative drawing, expressionism and realism will be covered. Students take home one "masterpiece" per session. A \$5 supply fee is payable to the instructor in class.

Instructor: Cousette Copeland

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.110	T	3/7-3/28	6:30-7:45pm	12+	4	BR

Experiment with Art – New \$38

You will have access to a large buffet of styles used by different artists. We will be exploring different techniques and trying out different mediums. We will go from collage, three dimensional building, painting, and surface treatment styles. Discover different talents about yourself while learning about famous artists. This class is Fun and educational.

No Class 2/18

Instructor: Viet Tran

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.111	Sa	1/21-2/11	9:30-10:45am	6-12	4	PORT

Jewelry Fundamentals – New \$28

This class is packed full of information on bead, stringing, layout, design, tools, earring construction and jewelry repair. If you have broken necklaces or earrings at home in need of repair or just want to learn how to make jewelry inexpensively, this class is for you. Instructor will also share with you suppliers and where to find them at 40-50% off retail.

Instructor: Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.112	Sa	1/28	10am-1pm	12+	1	BR

Learn to Sew and Sew for Fun – New \$58

Join us for a workshop offering simple, easy sewing methods and techniques. Instruction individualized and supervised with group demonstrations. 3 to 4 projects will be made in class. Sewing Machine not required for this hands on stitching class which will help students master basic sewing techniques by hand, which is the first important step to master!

Instructor: Lori Good

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.113	Th	1/19-2/16	6:30-7:30pm	8-12	5	PORT

Sewing for Beginners – New \$68

This is a beginning or refresher class for students that have no sewing experience or for students that wish to update their knowledge. The students will start with a simple project and progress to more difficult items. Some sewing machines will be available but it is advisable to bring your own portable machine when needed as directed by instructor.

*No Class 3/31**Instructor: Lori Good*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.114	F	1/27-2/24	6:30-8:30pm	16+	5	BR
212.3.115	F	3/3-4/7	6:30-8:30pm	16+	5	BR

Creative Artwork – New \$58

Create unique artwork inspired by various cultures around the world. Students will learn basic art techniques in drawing, painting, print-making and sculpture. All skill levels welcome.

Instructor: Nicole Austin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.116	T	1/17-3/7	3:30-4:30pm	8-10	8	BR

Painting and Drawing Exploration – New \$58

Express yourself! Students will learn to draw realistic pictures including a self-portrait and still life. Emphasis will be on basic drawing techniques using pencils, oils and pastels. Students will also explore water-color, tempera and acrylic paints.

Instructor: Nicole Austin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.117	T	1/17-3/7	4:45-5:45pm	8-10	8	BR

KeeP the Winter Activity Guide handy as a reference...or recycle it by passing it along to a neighbor, friend or co-worker.

Marbleized Paper Making – New \$38

Create dazzling, swirling designs of beautiful, textured papers. Perfect for Making your own holiday wrapping paper, or to use as a decorative touch on Scrapbooks, or other craft projects. Simple, easy and fun! Most materials Provided by instructor. List of required supplies will be sent out prior to first Class meeting.

Instructor: Nicole Austin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.118	T	3/14-4/4	6:30-7:30pm	16+	4	PORT

Art Adventure \$91

A favorite for preschoolers, this course blends creative drama, dance, music and visual arts for a one of a kind program. Children explore the various fields of art with costumes, props, music, arts and crafts and lots of imagination! **The first schedule listed is designed for a Parent/Guardian and child to take the class together, it will be designated with the initials P/C.** The other two scheduled entries will allow the child to participate in the class without the Parent or Guardian required to be present.

Instructor: C.L.A.P.

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.119 p/c	F	1/27-3/17	9-9:45am	2-4	8	BR
212.3.120	F	1/27-3/17	10-10:45am	3-5	8	BR
212.3.121	F	1/27-3/17	11-11:45am	3-5	8	BR

DANCE**Belly Dancing For All Levels – New \$62**

Learn to Belly Dance! This unique form of dance isolates body movement to build strength and flexibility, youthful and more mature bodies will appreciate this body toning class. This class is Low-Impact and is ideal for all ages and body types. Get exercise and be healthy in a fun and supportive environment.

Instructor: Laura Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.200	T	1/24-3/14	6-7:30pm	16+	8	BR

Ballet/Tap Combo \$64

Come join the fun! This class is a joyful introduction to tap and ballet. Learn ballet positions and tap routines using basic steps and have lots of fun developing coordination and a sense of rhythm. Ballet and tap shoes recommended.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.201	T	1/24-2/28	12:30-1:15pm	3-5	6	BR

Ballet/Tap For Tots \$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.202	W	1/18-3/8	11-11:55am	3-5	8	BR

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**DANCE****Hip-Hop \$80**

Dance to funky hip-hop beats and other pop hit music! This high-energy dance class features exciting dance moves along with basic techniques that make for a great workout! Course culminates with a choreographed performance.

Instructor: C.L.A.P.

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.203	T	1/24-3/14	6:30-7:30pm	9-14	8	BR

Hula Dancing - Level I \$57

Picture palm trees, the gentle sea breeze and the warm tropical sun while you learn the basic hula techniques. Each student will learn Hawaiian history of the songs and chants. This class is designed for all levels. This is your chance to learn this graceful and beautiful dance! Students are required to wear comfortable outfits and should attend class regularly to insure progress with the class.

No Class 2/18

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.204	Sa	1/28-3/25	11-11:50am	5+	8	BR

Hula Dancing - Level II \$57

For those Keikis (children) who want to continue learning advanced hula moves, this class is for you. Just hear the pearly shells and move to the gentle waves on the ocean.

No Class 2/18

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.205	Sa	1/28-3/25	12-12:50pm	5+	8	BR

Jazz Dance and Cheerleading Class \$64

A great class for all of you high-spirited kids! This exciting and energized class will teach everyone basic skills for cheerleading and dance. The students will learn creative cheer techniques, choreographed dance routines, easy gymnastics moves and much more! Come jump, shout, move and groove to really cool and fun music! **Note:** socks and sneaker required.

Instructor: Dancekids

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.206	T	1/24-2/28	2:45-3:45pm	5-8	6	BR

Rhythm and Roll (Acrobatic Dance) – New \$80

Rhythm and Roll safely introduces basic gymnastics moves such as forward rolls, backward rolls, bridges and cartwheels while also developing a dance foundation. Children improve motor-skills, coordination, balance and flexibility in a playful atmosphere. Beginning dance moves helps develop rhythm, spatial awareness and self-confidence. Hooola-Hoops, ribbon sticks and other props add to the fun!

Instructor: CLAP-Christy Sala

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.207	W	1/25-3/15	12-12:45pm	3-4	8	BR

Tap/Ballet \$57

Get your toes tapping with this fun-filled class. Learn the basics of tap dancing and ballet techniques. Have fun with the graceful moves and improve your coordination and balance. Ballet and tap shoes recommended.

No Class 2/18

Instructor: Camp Carter Intl.

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.208	Sa	1/28-3/25	10-10:50am	5-12	8	BR

Move and Groove \$80

Participants dance to a variety of theme music in this fabulous course that features a blend of popular dance styles. Great class for all dance levels, class culminates in a choreographed performance.

Instructor: C.L.A.P.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.209	T	1/24-3/14	5:30-6:30pm	5-9	8	BR

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 43.

Bouncin' Babies \$64

An active class for all babies and parents. Shake, rattle and roll to exciting and lively music. Use tambourines, shakers, drums, and other fun instruments. The class will also have an emphasis on pre-walking and early walking skills.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.301	T	1/24-2/28	9:30-10:15am	10-18m	6	BR

Dancin' Boogie Babies \$64

Come have some serious fun with your little one and do the Boogie Woogie Bear! You and your baby will sing and dance to lively nursery songs and children's show tunes. Jump, run, hop, and boogie away with hula hoops, dancing scarves, bean bags and more. Class will also include tumbling on mats, plus easy stretches and exercises to do with your baby.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.302	T	1/24-2/28	10:30-11:15am	19-30m	6	BR

OUR MISSION: To support the livability of neighborhoods, offer opportunities for individuals to enjoy life, and strengthen communities of people.

If you see graffiti in a park, please call 408-277-2758

Kinder-Ready

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music and games to develop socialization skills, eye-hand coordination and motor skills*. Child must be at least 4 years old before the first day of class AND must be entering Kindergarten in Fall 2006. You cannot enroll your child in more than one Kinder-Ready class. **NO EXCEPTIONS.** Each child enrolled must have a parent or adult caregiver help in class and provide a snack during the session. Food may be provided for special events.

*No Class 2/20**Instructor: Cathy Bean***\$276**

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.303	M/W	1/18-3/29	9-11:30am	4+	20	BR

\$298

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.304	T/Th	1/17-3/30	9-11:30am	4+	22	BR

\$282

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.305	T/Th	1/17-3/30	12-2pm	4+	22	BR

Kinder-Ready**\$240***No Class 2/20-2/23**Instructor: Ballejo*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.306	T/Th	1/24-3/16	9:30am-12pm	4+	14	PORT

Terrific Tots**\$64**

This is a creative, imaginative, and serious fun class for toddlers and parents. Children will do what their bodies are meant to do: move and explore! Class includes activities such as singing and dancing to popular show tunes and preschool songs. Everyone plays with hula-hoops, balls, scarves, and musical instruments. Come jump, run, hop, and frolic around. Be a bird, butterfly, bunny or just be yourself and act funny.

Instructor: Dance Kids

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.307	T	1/24-2/28	11:30am-12:15pm	2-3.5	6	BR

Time for Two's**\$198**

Come play with us and meet new friends! The main focus of this class is socialization and learning through play. Children will have free choice of developmentally appropriate activities. A short group time will conclude each class. Some activities may be messy, so come dressed to play. This is a great way to spend quality time with your child. Only enrolled children may attend. No siblings. Food may be provided at special events. **NO EXCEPTIONS. Parental attendance is mandatory at each class meeting.** Location: Berryessa Portables

*No Class 2/20-2/22**Instructor: Ballejo*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.308	M/W	1/23-3/20	9:30-11am	2	15	PORT

Time for Three's**\$198**

See class description above. **Parental attendance is mandatory at each class meeting.** Location: Berryessa Portables

*No Class 2/20-2/22**Instructor: Ballejo*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.309	M/W	1/23-3/20	12-1:30pm	3	15	PORT

Wee Threes & Fours**\$268**

A socialization program that emphasizes positive self-esteem, following direction and simple learning concepts. Activities include circle time music, song, stories, and Arts and crafts. Food may be provided at special events. Children must be toilet trained.

*No Class 2/20**Instructor: Bean, Austin*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.310	M/W	1/18-3/22	12-2pm	3-4	18	BR
212.3.311	T/Th	1/17-3/16	12-2pm	3-4	18	PORT

Playtime – New**\$68**

Come play with us and meet new friends! Join us for a fun filled hour of crafts, music, games, and stories. This parent/child class emphasizes socialization skills, creativity and circle time activities such as songs, stories and listening games. Parent must attend with registered child only.

*No Class 2/20**Instructor: Nicole Austin*

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.312	M	1/23-3/20	12:30-1:30pm	18-24m	8	PORT
212.3.313	W	1/25-3/15	12:30-1:30pm	18-24m	8	PORT

Parent Toddler Gymnastics – New**\$49**

This is a parent participation class where the parent can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in the class.

Instructor: Dance Arts Academy

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.314	W	1/25-3/15	9-9:55am	22-36m	8	BR

MUSIC/THEATER ARTS**Act One****\$91**

Take an imagination journey filled with fun and fantasy! Designed for children of varied abilities, this drama workshop uses theater games, improvisation, and a variety of costuming and props to take children on adventures they won't forget! A variety show. Will be performed at the end of the session.

Instructor: CLAP

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.402	W	1/25-3/15	5:30-6:30pm	5-9	8	BR

Center Stage**\$91**

Comedy and laughter are contagious in this truly entertaining program that combines drama, comedy and improvisation for older children and teens. Creativity, comical skills, and lots of laughter is emphasized in this class. A live talent show will be performed at the end of the session.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.403	W	1/25-3/15	6:30-7:30pm	9-14	8	BR

Berryessa Community Center continues on the next page

The City of San José continues to face a significant budget deficit. Classes and activities published in this Activity Guide may change and/or be cancelled as a result. We apologize for any inconvenience this may cause.



MUSIC/THEATER ARTS

Piano Keyboard – Level 1 \$74

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor, will be collected at the first class. Students must bring their own set of headphones.

No Class 2/20

Instructor: Noteworthy Music

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.404	M	1/23-3/20	3:15-3:55pm	6-7	8	BR
212.3.405	M	1/23-3/20	5:30-6:10pm	8-12	8	BR

Piano Keyboard – Level 2 & 3 \$74

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.406	M	1/23-3/20	4-4:40pm	6-12	8	BR
212.3.407	M	1/23-3/20	4:45-5:25pm	6-12	8	BR
212.3.408	M	1/23-3/20	6:15-6:55pm	6-12	8	BR

SPORTS & FITNESS

Badminton – New \$48

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of Badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire: T-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class. **This class will meet the 1st and 4th Friday of each month for the dates listed below.** Location: Berryessa Community Center

No Class 3/31

Instructor: William Huang

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.501	F	1/6, 1/27, 2/3 2/24, 3/3, 3/24	6:30-8:30pm	6+	6	BR

Cheerleading \$57

This energetic class will get you up and going. Learn the latest cheer-leading moves and put together a cheer routine. Improve your coordination and balance while having fun.

Instructor: Camp Carter Intl.

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.502	Th	1/26-3/16	6-7pm	5-10	8	BR

Fun Fitness/Tumbling \$64

Come join this active and fun class. Students will learn basic front rolls, back-rolls, somersaults, headstands, bridges, crabwalks, and more. Fitness warm-ups and energizing exercises to music are included. This class enhances your child's coordination, motor skills, balance, strength, flexibility and self-confidence.

Instructor: Dance Kids

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.503	T	1/24-2/28	1:45-2:30pm	3-5	6	BR

Gymnastics \$49

Learn basic floor gymnastics skills such as cartwheels, back bends, head stands, etc. Wear comfortable clothing.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.504	W	1/25-3/15	4:30-5:25pm	5+	8	BR
212.3.505	W	1/25-3/15	5:30-6:25pm	5+	8	BR

Kinder Gym \$49

Kinder Gym is designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are welcome to attend the first 10 minutes of the first class and attend the last meeting. Those students with long hair are required to tie it back.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.506	W	1/25-3/15	10-10:55am	3-6	8	BR
212.3.507	W	1/25-3/15	3:30-4:25pm	3-6	8	BR

Karate - Beg./Inter. \$114

This class is designed for the whole family. Parents are welcome to register along with their child. All classes include self-defense and stress the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Wear loose and comfortable clothing the first day of class and check with instructor for more details on clothing requirements. All levels are welcome. There is an additional fee for uniform, belt testing and certification payable to the instructor.

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.508	T/Th	1/24-3/16	3:30-4:20pm	5+	16	BR
212.3.509	T/Th	1/24-3/16	4:30-5:20pm	5+	16	BR

Karate (Shotokan) Beg, Inter/Adv \$114

Beg: Funakoshi Shotokan Karate teaches Japanese culture, self-defense, and stresses the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught.

Inter/Adv: Students who have already studied Funakoshi Shotokan and earned the rank of yellow belt and above are welcome in this class. Intermediate and advanced (forms) and tournament style kumite (sparring) geared for Olympic competition are taught.

Wear loose and comfortable clothing the first day of class and check with the instructor for more details on clothing requirements. All levels are welcome. There is an additional fee for uniform, belt testing and certification payable to the instructor.

No Class 2/20

Instructor: Funakoshi

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.510	M/W	1/23-3/20	4:30-5:25pm	5+	16	BR

The date, time, and location of activities published are correct at the time of publication. Due to unforeseen circumstances, the information published may change.

Kidz Love Soccer**\$56 M/\$75 Sa**

KLS is a non-competitive environment for children to learn and play the world's most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shinguards are required after the first class meeting. **Tot Soccer: 3.5-4 years**-Encourages motor skills and introduces small children to the group setting. **Pre-Soccer: 4-5.5 years**-Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1: 5-6 years**-Teaches the basic techniques of soccer for beginners. Dribbling, passing, receiving, and shooting. **Soccer 2: 7-8 years**-Same as Soccer 1, also introduces team tactics. **Soccer 3: 9-12 years**-Same as Soccer 1 and 2, but also introduces advance soccer techniques and tactics. **Rainout Hotline # 1-800-871-2275**

*No Class 2/20**Instructor: Kidz Love Soccer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.511	M	1/23-3/6	2:20-2:55pm	4-5.5	6	BR
212.3.512	M	1/23-3/6	3-3:45pm	5-6	6	BR
212.3.513	M	1/23-3/6	3:50-4:35pm	7-8	6	BR
212.3.514	M	1/23-3/6	3:50-4:50pm	9-12	6	BR
212.3.515	M	1/23-3/6	4:55-5:25pm	3.5-4	6	BR
212.3.516	Sa	1/21-3/11	9-9:30am	3.5-4	8	BR
212.3.517	Sa	1/21-3/11	9:35-10:10am	4-5.5	8	BR
212.3.518	Sa	1/21-3/11	10:15-11am	5-6	8	BR
212.3.519	Sa	1/21-3/11	11:05-11:50am	7-8	8	BR
212.3.520	Sa	1/21-3/11	11:05-12:05pm	9-12	8	BR

Mommy/Daddy & Me Soccer**\$56**

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. **Rainout Hotline # 1-800-871-2275**

*No Class 2/20**Instructor: Kidz Love Soccer*

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.521	M	1/23-3/6	3:15-3:45pm	2-3.5	8	BR
212.3.522	W	1/25-3/1	9-9:30am	2-3.5	8	BR
212.3.523	W	1/25-3/1	9:30-10am	2-3.5	8	BR

Tennis/Private Lessons for 1:1 or Groups of 4**\$200**

Have you ever wanted to take tennis lessons but the lessons didn't fit into your schedule? Now you have no excuse. Take private lessons from our tennis instructor who will work with your schedule. Contact the Berryessa Community Center for more information. Your lessons will be tailored to your playing level. So, if you are just beginning or want to brush up on ground-strokes or volleys, this is a great way to do it! Private lessons include four (4) lessons that are 90 minutes each. **Location:** Cataldi Park

Instructor: Ruiz

Course #	Day	Sched. Bet.	Time	Age	Mtg.	Loc.
212.3.543	Sa	3:30-5pm	4 (1.5hr. mtg)	6+	4	CP
212.3.544	Su	9am-12pm	4 (1.5hr. mtg)	6+	4	CP

Tennis – Beginning**\$73**

This class is for the person just starting out, as well as the player who has had a series of lessons and can make contact with the Tennis ball! Learn the basic strokes, etiquette and rules of the game. Bring one can of balls to the first day of class. **Location:** Cataldi Park

*No Class 2/18**Instructor: Staff*

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.525	T	1/24-3/14	3-3:55pm	6-9	8	CP
212.3.526	T	1/24-3/14	4-4:55pm	8-13	8	CP

Instructor: Bob Ruiz

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.527	Sa	1/28-3/25	9:30-10:25am	6-9	8	CP
212.3.528	Sa	1/28-3/25	10:30-11:25am	8-13	8	CP
212.3.529	Sa	1/28-3/25	11:30am-12:25pm	8-13	8	CP

SPORTS LEAGUE**Tennis League****\$60**

This is a great opportunity for children of all ages and abilities to play in a non-competitive, fun league. The purpose of the league is to practice what has been taught in previous classes. Children are placed on teams according to their level of ability.

No Class 2/18

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.900	Sa	1/28-3/18	1-3pm	6-15	7	CP

Co-Ed Basketball**\$60**

Our FUN-petitive Co-Ed Basketball league is designed to introduce young athletes, under the age of 12 years, to the fast paced sport of basketball. The athletes will play modified games where they develop positive attitudes about themselves, become team leaders, learn about the sport they are playing all while having a great time! No scores or league standings will be kept. Our league adheres to the mission and vision of the Positive Coaching Alliance. Family involvement is an essential part of our league. Ask how YOU can become more involved as a volunteer. The cost of the league includes a T-shirt, trophy, and End of the season Pizza Party. **Location:** BYC

Saturday Dates: January 21, 28, February 4, 11, (18 No Sports due to Presidents Day), 25, March 4, 11

Berryessa Community Center continues on the next page

"Si necesita asistencia para traducir el Guía de Actividades de la ciudad de San José por favor llama la línea de información al 408-535-3500"

Visit us on the web at www.sanjoseca.gov/prns or
email us at PRNSinfo@sanjoseca.gov



SPECIALTY CLASSES

Buttons and Bows Etiquette Workshop – New \$24

This class is designed to teach young children the art of social graces. Good manners are simply polite, kind ways to behave with others. Manners are easy to learn, and they never change. Children will participate in fun and exciting activities, etiquette games, play-acting, traditional customs, table manners and more!

Instructor: Thompson

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.601	Sa	2/25	10am-1pm	9-14	1	PORT

First Aid-Infant, Child and Adult – New \$28

Class covers first aid techniques for adult, child and infant. CPR, bleeding, shock management, injury assessment, and much more.

Instructor: Lizalou Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.602	Sa	3/18-3/25	10am-1pm	16+	2	BR

Seriously Awesome Sitters – New \$38

Be prepared for any emergency. In this class you will learn Infant and Child CPR and safety. Topics include diapering, bathing, burping, dressing and cry stopping techniques, how to market your services, safely care for children, make healthy snacks and entertain kids so that you'll be in demand. Job interviewing skills, setting up your babysitting jobs like a real business, child growth and development and much more.

Instructor: Lizalou Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.603	T	1/24-2/28	4-5pm	9-15	6	PORT

Positive Parenting – New \$38

Identify typical ages and stages of children 0-18 years old, practice positive ways to communicate with children, build children's self esteem and discuss positive guidance and limit setting for children and Teens.

No Class 2/20

Instructor: Vasantha Siddappa

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.604	M	1/30-3/13	7-8pm	18+	6	BR

Candy Making – New \$42

This class will teach children step by step ways to make delicious chocolate and hard candy. No Experience necessary.

Instructor: Laura Ivers

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.605	Th	1/12-2/2	5:15-6:15pm	6-10	4	BR
212.3.606	Th	2/9-3/2	5:15-6:15pm	6-10	4	BR

Cake Decorating- Beg/Int. – New \$32

You will be amazed at how easy it is to create beautifully decorated cakes for half of the cost. Decorating your own cakes for friends and family adds a very special personal touch. **Decorating Tips and supplies will be provided for use in class only.** A supply list will be handed out at the first class.

No Class 2/18

Instructor: Laura Ivers

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.607	Sa	1/28-3/4	10-11am	12+	5	BR

Cooking-Appetizers – New \$38

Appetizers are the modern style of casual entertaining. They represent tempting foods, beautifully presented, made to be shared with friends with great emphasis on simplicity and taste. Appetizers can be casual or formal. Bruschetta, salsa, shrimp crepes, 7 Layer dip and Cheese fondue are a few of the recipes that we will be making. Come and enjoy the fun!

Instructor: Ivers, Thompson

Course#	Days	Date	Time	Age	Mtg.	Loc.
212.3.608	F	2/10	6:30-8:30pm	16+	1	BR
212.3.609	Sa	3/11	10am-12pm	16+	1	BR

Math Tutoring – New \$62

This class gives your child the helping hand needed to succeed and feel more confident in math. Basic arithmetic and learning concepts are reviewed. Students must bring their math homework, their own pencil and paper to each class. Class size is limited to four students.

Instructor: Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.611	T	1/24-2/28	3:30-4:30pm	6-7	6	PORT
212.3.612	T	1/24-2/28	4:40-5:40pm	8-9	6	PORT
212.3.613	T	1/24-2/28	6-7pm	10-11	6	PORT
212.3.614	T	1/24-2/28	7:10-8:10pm	12-13	6	PORT
212.3.615	Th	1/26-3/2	3:30-4:30pm	6-7	6	PORT
212.3.616	Th	1/26-3/2	4:40-5:40pm	8-9	6	PORT
212.3.617	Th	1/26-3/2	6-7pm	10-11	6	PORT
212.3.618	Th	1/26-3/2	7:10-8:10pm	12-13	6	PORT

Reading Remedies – New \$68

This reading tutorial class helps improve your child's vocabulary, spelling and reading comprehension. Parents must provide appropriate and interesting reading materials, lined paper, and a pencil for their child to bring to each class. Class size is limited to 4 children per class. Because of need, participants can enroll in one class only.

No Class 2/20

Instructor: Bosman-Butler

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.3.619	M	1/23-3/20	3:45-4:45pm	7-9	8	PORT
212.3.620	M	1/23-3/20	5-6pm	7-9	8	PORT
212.3.621	M	1/23-3/20	6:15-7:15pm	8-10	8	PORT
212.3.622	M	1/23-3/20	7:30-8:30pm	10-12	8	PORT
212.3.623	W	1/25-3/15	3:45-4:45pm	7-9	8	PORT
212.3.624	W	1/25-3/15	5-6pm	7-9	8	PORT
212.3.625	W	1/25-3/15	6:15-7:15pm	8-10	8	PORT
212.3.626	W	1/25-3/15	7:30-8:30pm	10-12	8	PORT

Hola! Spanish is easy for Children – New \$68

Students will learn Spanish while having fun in an immersion Spanish Program. Students will play, sing and be a part of a dynamic and interactive environment. Students will progress through the program as they are taught Spanish through the use of different art projects and themes, i.e., colors, shapes, animals etc. Parents or Guardians are encouraged to stay in the class at no additional charge!

No Class 2/18

Instructor: Ingrid Barker

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.627	Sa	1/28-3/25	10:10-11am	4-7	8	PORT
212.3.628	Sa	1/28-3/25	11:10am-12pm	4-7	8	PORT

Thai Cooking Made Easy – New \$54

Come and have fun learning how to make delicious popular Thai dishes. Get Introduced to the world of the most famous Thai dishes such as Thai Salad, Padthai Noodle, Green Curry and much more. Former Thai Restaurant owner will instruct you on how to buy and choose ingredients, prepare the dishes, taste and sample and take recipes home to share with family and friends.

Instructor: Natta Tannitad

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.629	T	1/17-2/7	6:30-8pm	14+	4	BR
212.3.630	T	2/21-3/14	6:30-8pm	14+	4	BR

"Who Are You?" – New \$38

See yourself in the future and in the present by making a visual story about your life. You will get to learn about your interests, likes, future desires, curiosities while making a journal with photographs and drawings. This will be a special book all about you that you can take home.

Instructor: Viet Tran

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.631	Th	1/19-2/9	3:30-4:30pm	6-12	4	PORT

Mosaic Crafts Workshop – New \$32

Transform ordinary frames, vases and other household items into instant works of art! Perfect for adding the perfect decorative touch or giving as gifts. A complete list of materials will be mailed out before the first day of class.

Instructor: Nicole Austin

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.632	T	1/17-2/7	6:30-7:30pm	16+	4	PORT

Getting in Tune with Ourselves – New \$38

Have you ever surprised yourself? In this class, that could happen more than once. We will be exploring many human feelings through the expression of art. There will be no "right or wrong" way to do art, just you letting your subconscious and inner feelings take over. Prepare for an unusual visual and mental journey.

Instructor: Viet Tran

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.633	Th	1/19-2/9	6-7pm	6-12	4	PORT

Exploring Ourselves and the World – New \$38

In this class, you will feel like you've been around the world! You will make your own real life neighborhood by designing different houses on the outside and inside. In each house you get to learn about a new craft (which you can keep and take home). The different houses and crafts inside of each house will be a fun way to learn about diverse living styles and cultures about people around the world.

Instructor: Viet Tran

Class #	Day	Dates	Time	Age	Mtg	Loc
212.3.634	Th	1/19-2/9	4:45-5:45pm	6-12	4	PORT

Strong Neighborhoods Mission:

To build clean, safe and attractive neighborhoods with strong, independent and capable neighborhood organizations.

Floral Delights – NEW \$38

Learn to create beautiful works of art through floral arrangements. You will be surprised at how easy it is to arrange flowers like professionals can at a fraction of the cost. Basic to Intermediate instruction will be given during this hands-on instruction. Some materials will be provided for the first class meeting. The instructor will provide a supply list of materials needed for future class meetings.

Instructor: Laura Ivers

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.3.635	Sa	3/11-4/8	9:45-11am	16+	5	BR

Book Making for Kids – NEW \$38

Love to write and illustrate your own stories? This class teaches story writing, illustration techniques, and book making skills. Every student writes, illustrates and "publishes" his or her own book. This class is a great way to encourage a child's love of writing and reading.

Instructor: Nicole Austin

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.3.636	T	3/14-4/4	4:45-5:45pm	8-10	4	PORT

Decorative Crafts Workshop – NEW \$32

Learn to make beautiful ornaments that are fun and easy to make, enjoy the many compliments you will receive as friends and family admire your professional work displayed around your home. You'll learn useful and professional techniques that can be applied easily when making ornaments for gifts for friends and family. A supply list will be sent out with your registration receipt.

Instructor: Nicole Austin

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.3.637	T	3/14-4/4	6:30-7:30pm	16+	4	PORT

Mexican Cuisine – NEW \$54

Oh, how the flavors of authentic cooking can bring smiles to your face and contentment to your belly, mmmmm!! Come out and learn how to make delicious Mexican dishes that will please your family and friends at a fraction of the cost that would be spent at a restaurant. Bring some storage containers to class so you can take some of the prepared cooking projects home.

Instructor: Laura Ivers

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.3.638	Th	2/9-3/2	6:45-8pm	14+	4	BR

Dog Obedience – NEW \$42

Students will be taught to train their dogs to heel, sit, stay, down stay, stand for examination, recall, socialize, problem solve and to care for their dogs. Dogs must be At least 6 months old and be current with their shots and come to class with a leash on. The first class will be an orientation for dog owners who must be at least 12 years old. Please leave your dog at home for the first class meeting only.

No Class 2/18

Instructor: Terril Otis

Course #	Days	Date	Time	Age	Mtg.	Loc.
212.3.640	Sa	1/21-3/18	10:45-11:45am	12+	8	BR

Berryessa Community Center continues on the next page

ADULT CLASSES

Aerobic Kickboxing **\$57**

The hottest aerobic workout in existence today. It works the whole body, while at the same time, teaches practical self-defense techniques. Learn a variety of blocks, kicks, and punches, burn calories and have a blast. Wear loose fitting clothing.

No Class 2/18

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.701	Sa	1/28-3/25	11:30am-12:20pm	14+	8	BR

Aerobics **\$68 M/W / \$40 Sa**

Work at your own pace to a high-energy format. In class you will get your overall workout with emphasis on toning muscle, gaining strength, and increasing flexibility, while improving cardiovascular level. Total fitness put to music. No children allowed in class. Please bring a floor mat or towel.

No Class 2/18, 2/20

Instructor: Martin

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.702	M/W	1/23-3/15	9-10am	18+	15	BR
212.3.703	Sa	1/28-3/11	9-10am	18+	6	BR

Cardio Sculpt **\$72**

A co-ed aerobics activity for fitness class with a combination of aerobics and muscle toning activities. Both men and women can benefit from the program that helps to make men more "buffed" and women more shapely while becoming more fit. A good way to help reduce the effects of aging. Make your heart happy! Non-competitive. Work at your own level from easy to advanced. Even couch potatoes can be successful here!

Instructor: Martin

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.704	T/Th	1/24-3/16	6-7pm	18+	16	BR

Family Karate **\$57**

This class is for adults and families. Get a great workout together. All classes include self-defense and stress the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Wear loose and comfortable clothing the first day of class. There is an additional fee for uniforms, belt testing and certification payable to the instructor. All levels are welcome. **\$57 is per person.**

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.705	T/Th	1/24-2/16	7:30-8:20pm	5+	8	BR
212.3.706	T/Th	2/21-3/16	7:30-8:20pm	5+	8	BR

Yoga **\$48 T/\$44 Sa**

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

No Class 2/18

Instructor: Martin

Course#	Day	Date	Time	Age	Mtg.	Loc.
212.3.707	T	1/24-3/14	10-11am	16+	8	BR
212.3.708	Sa	1/28-3/18	10:15-11:15am	16+	7	BR

THERAPEUTIC PROGRAMS

Kinderfun **\$90**

A play program for children with developmental disabilities. The class includes music, games, arts and crafts, movement activities and field trips.

No Class 2/18

Instructor: OTS Staff

Course #	Day	Date	Time	Age	Mtg.	Loc.
263.3.807	Sa	1/28-3/18	9:30am-12:30pm	4-10	8	BR

SPECIAL EVENTS

Chuck Reed's Conference on Priorities **Free**

Saturday, Jan. 21 • Berryessa Community Center

Join Council member Chuck Reed for his Annual Conference on Priorities. This is Your opportunity to voice your concerns, issues, and compliments about your Community. For more information, call Council member Reed's office at 408-277-5320

Spring Egg Hunt

Saturday, April 8

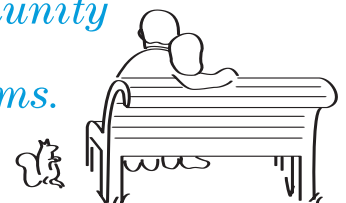
The Annual Spring Egg Hunt sponsored by Coldwell Banker Reality is filled with tons of activities. There will be carnival games, a bounce house and egg hunts for different age groups. Spend a great day with your family and find some treasures too. Please register early for the Egg Hunt at Coldwell Banker. All proceeds go to charity.

SENIOR PROGRAM

For information on Berryessa Senior Program, see page 14.

The City of San José continues to face a significant budget deficit. Classes and activities published in this Activity Guide may change and/or be cancelled as a result. We apologize for any inconvenience this may cause.

We create community through People, Parks & Programs.



SAN JOSE AFTER SCHOOL

Berryessa Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-251-6392.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites will offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Berryessa Branch Library	*
Brooktree Elementary School	*
Cherrywood Elementary School	*
Independence High School	*
Laneview Elementary School	*
Vietnamese American Center	*
Morrill Middle School	*
Noble Elementary School	*
Northwood Elementary School	2:30-5pm
Orchard School	*
Piedmont Hills High School	*
Ruskin Elementary	*
Sierramont Middle School	*
Summerdale Elementary School	2:30-6pm
Toyon Elementary School	2:30-5pm
Vinci Park Elementary School	*
Majestic Way School	*

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

Please Contact your Community Center for more information on program site levels.

Berryessa Youth Center

1970 Morrill Ave. San Jose, CA 95132

Phone: 408-262-1014

Fax: 408-262-1060

Supervisor: Jane Hemeon

Email: jane.hemeon@sanjoseca.gov

Bus Line: 64

Drop In Hours

M, T, W, F: 2:30pm-6pm

Th: 1:15pm-6pm

Drop in activities include:

Homework Time

Drop-in Sports available in Gymnasium

Game Room/ Lounge Area

For ages: 11-17yrs

Membership Fee: \$25 with current student ID

Please contact Berryessa Community Center for more information at 408-251-6392

IMPORTANT PARK NUMBERS

408-793-5510

To report an emergency at a park, 911* or 277-8911 from cell phones.

To report a non-emergency at a park, 311* or 277-8900 from cell phones.

To report a maintenance concern at a park, 793-5510

To report a maintenance emergency at a park after hours, 535-3500

To inquire about sports field reservations, 369-3907

To volunteer at a neighborhood park, Adopt-a-Park, 793-4190

* Callers may ask to remain anonymous.

Visit www.sjparks.org

for current park information.



If you see graffiti in a park, please call 408-277-2758